

Chocolate Orange Energy Balls

Makes 9

149 Kcal / serving



Everyday Snack

Ingredients

- 100g Stoned dates
- 15g Cocoa powder
- 50g Peanut butter (100% nuts)
- Finely grated rind of 1 orange
- 100g Ground almonds
- 25g Porridge oats



The Method

Place all the ingredients in a mini food processor and blitz well to combine. Alternatively, you can finely chop the dates and mix everything in a bowl until it comes together.

Roll the mixture into 2.5cm sized balls, you should get nine in total. Place into a sealed container in the fridge. Ideally leave to set for at least an hour before consuming.

Suitable for vegetarians