

Fruit & Nut Topped Cereal

 1 serving 278 Kcal / serving

Ingredients

- 200ml - **Low fat milk (1.5% fat)**
- 2 teaspoons - **Peanut butter (100% nuts)**
- 25g - **Blueberries**
- 2 x 19g - **Wholemeal cereal biscuits (such as Weetabix)**



The Method

Put the wholemeal biscuits in a bowl and pour over the milk. The milk can also be heated in the microwave or in a saucepan on the hob if you would prefer it warm. Add a spoonful of the peanut butter to each one and scatter over the blueberries to serve.

 Suitable for vegetarians