

Peanut Butter Cracker Sandwich

 1 serving 165 Kcal / serving

 Everyday Snack


Ingredients

- 1 tablespoon (15g) - **Peanut butter (100% nuts)**
- 2 (16g) - **Wholegrain crackers (such as Nairn's wholegrain)**



The Method

Spread one of the crackers with the peanut butter and top with the other cracker. Arrange on a plate to serve.

 Suitable for vegetarians